



JKPS

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Report on Autism Awareness Month

Title: Activity-based session on creating awareness about Autism

“Diversity is a mix; Inclusion is making the mix work.”

With the above thought in mind, At JKPS we organized an activity-based session on creating awareness about Autism for students of classes V – VI in the school’s auditorium on May 14, 2024, Tuesday.

The primary objective of the activity-based session was to create awareness about autism spectrum disorder (ASD) among participants, fostering understanding, empathy, and inclusion within the community. The session began with a comprehensive introduction to ASD, covering its definition, characteristics, and prevalence. Visual aids such as videos, posters, and PowerPoint presentations were utilized to enhance understanding. Participants were encouraged to share their knowledge and perceptions of autism, followed by an interactive discussion facilitated by the school’s special educator. Common misconceptions were addressed, and participants were provided with accurate information about ASD.

An activity called "**Understanding Emotion Thermometer**" was conducted to explore the sensory sensitivities of individuals with ASD. Participants were presented with various social scenarios to gauge the intensity of their emotions and identify the calming strategies they would employ.



Art played a central role in the session, with a focus on creating visual representations of support for individuals with autism. One of the key art projects involved drawing the universal symbol of autism – the colourful puzzle piece. Students enthusiastically participated in this activity, using their creativity to design unique puzzle pieces that reflected themes of acceptance, diversity, and unity.

Students gained a deeper understanding of ASD, dispelling myths and misconceptions surrounding the disorder. Through various activities conducted, participants developed empathy towards individuals with ASD, recognizing their unique challenges and strengths. The session fostered a sense of inclusivity within the community, encouraging acceptance and support for individuals with ASD.

The activity-based session on autism awareness proved to be an engaging and informative event, effectively raising awareness, promoting empathy, and fostering inclusion within the community. By dispelling misconceptions and providing first-hand insights, the session contributed to creating a more supportive and understanding environment for individuals with ASD.